

THE SEASHELL

VOLUME V





2021 IN REVIEW

Dear Friends + Families of Mae House,

WOW – we are so excited to have a full house at Mae House. After praying and waiting patiently for the right fourth Member to complete Mae House, Carrie joined us at the end of September. We are thrilled + overjoyed to welcome another roommate, who is quickly becoming like a sister to Gina, Hannah and Tanette. Carrie did so well with this big transition in her life and she fits right in with her sweet nature and common interests.

Although this has been a year full of uncertainty, Mae House has used this time for refinement in our programs and daily structure of everyday life in the house. Under the strong leadership of our Administrator and Executive Director, Annie Mai Bevacqua, we have kept a safe & healthy environment for the Members and Assistants. Our Assistants have made such a wonderful difference with their calm demeanor and positive energy, which gives the girls a lot of confidence.

Day programs and jobs have reopened so the girls are back at it. They also continue with their bike rides, neighborhood dog walks, beach walks, and fun outings on the weekend. With Mary's help, Carrie, Gina, Hannah and Tanette creatively designed and painted Christmas cards that are for sale now. Please see the information on Page 5 to place your orders.

Our Nutritious Meal Program continues to be a success in keeping the girls healthy & strong. When the Mae House girls gather around the table for dinner together every night, they join hands and say a blessing. They often say what they are grateful for and pray for the people most special to them. The ceremony of the meal is as important as the nutritious food. Carrie, Tanette, Gina + Hannah value the time they spend together at the end of every day, as a family. Thank you to Mary for continuing to provide delicious + nutritious meals to fuel our girls each day.

Mae House continues to make a difference in so many lives – we see love, respect, learning + joy in the interactions between the Members, the Assistants, their family and friends, our neighbors, and so many people in the community.

With Mae House quickly approaching its fifth year in operation, we're planning some very exciting things in the near future. We plan to expand the number of members on our Board of Directors in 2022. Please let me know if you have interest in discussing your potential personal interest in a position. We are also considering either an expansion of our current location to house six Members or finding another location for our second home.

We hope to bring back our Annual Yard Sale and are planning for Saturday May 14, 2022. At our first Yard Sale, we felt our community come together, as friends + neighbors alike donated + gathered for a fun day. We will begin collecting donations next April.

Our biggest fundraiser this year will be the Sale of the 1963 Chevrolet Convertible Nova Super Sport, which Jon + Ed have been restoring meticulously for nearly 15 months. Please see page 5 for the full story.



We receive many donations in memory of the deceased. Please know that we keep them + all of you in our prayers.

Your contributions + continued support keep Mae House operating at its best to care for Carrie, Gina, Hannah + Tanette. Thank you in advance for your consideration of another donation. We are most grateful.

For more information about Mae House, please visit our website www.maehouse.org and follow us on Instagram @maehouse_.

Blessings!

Love, Liz



MEET OUR MEMBERS



CARRIE

Mae House is so excited to welcome our newest member, Carrie Youngberg. Though she is new to living with us, Carrie is an old friend of the entire Slater family. Carrie has been so brave and excited to begin a new chapter in her life at Mae House. She is enjoying learning more about her roommates and living in a community.

Carrie likes to keep busy. She volunteers at the Senior Center three days each week and brings her sweet personality to share with everyone. The other two days, she works at the Cat Rescue Center. She loves animals and being able to care for them makes her happy. Of course, play time with the cats is her favorite part of the job.

Outside of work and volunteering, Carrie enjoys doing arts and crafts, taking walks around Balboa Island, blowing bubbles, and swimming. We look forward to supporting Carrie as she learns and grows at Mae House.



TANETTE

Tanette is thrilled to return to her Day Program full-time. Each day during the week, she goes to Aspire for a full day of learning and socialization. This is a special place for our artist. She learns so much in her classes and enjoys being around her friends and teachers. We can't wait to see the Holiday Production. We know Tanette has been working hard and having lots of fun.

Animals bring tremendous comfort and love for Tanette. She looks forward to seeing Remy at The Shea Riding Center all week long. Tanette has learned a lot about horses and enjoys being around them. She also loves walking + playing with Maisie and Kapt and the dogs often call out for her before she even reaches the door.

Tanette also loves going to Knotts and riding the rollercoasters. She does not get scared at all and can be heard screaming her heart out on all of the rides.



GINA

Gina is back at work at Vons Pavilion, three or four times a week. She has adjusted extremely well to working full shifts after being away during the lockdown. Customers and colleagues are happy to have her welcoming and friendly personality back in the store.

Each week, Gina looks forward to working with the different horses at the Ortega Equestrian Center. Being with the horses brings her a lot of peace and happiness. We have seen her grow to better recognize how different emotions impact her well-being and those around her. During her weekly sessions, Gina sees how her feelings impact the horses' behaviors and it is wonderful to witness her develop these strengths.

In between it all, Gina loves to sing karaoke, practice yoga, go to Knott's Berry Farm and simply laugh and joke around with her roommates and the Assistants.



HANNAH

Hannah is making a gradual return to her Day Program at Goodwill. Each Friday, Hannah goes on a fun outing and then enjoys lunch out with her coach. It is a lot of fun for Hannah to see her friends and Staff at Goodwill. There are always a lot of stories when she returns home to Mae House.

Mariners Church has recently resumed in-person activities in their Exceptional Adult Program. Hannah was able to attend a dance and participated in outdoor yoga where she met new friends. Being with others allows her to express herself + share her outgoing and bubbly personality with others.

As always, Hannah goes to The Shea Center to see her horse, Hope, for her Therapeutic Riding lesson each week. Her instructor and volunteer always make her feel safe and supported, while they listen to her chat away as she simultaneously does her exercises.



ANIMAL THERAPY

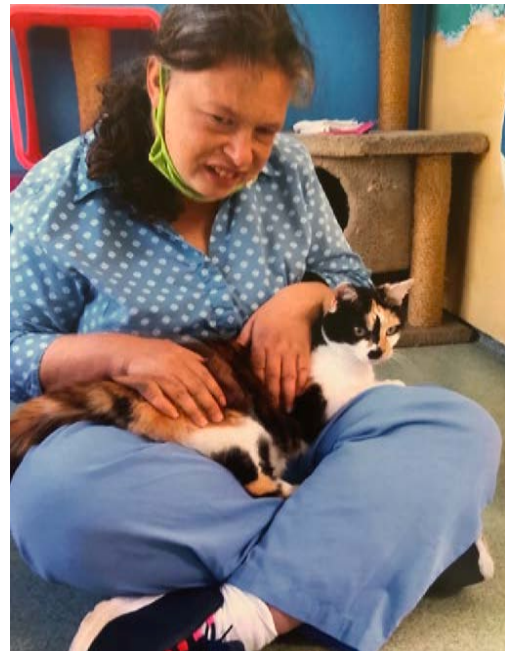
At Mae House, healthy living in body, mind and spirit is a large part of our everyday practice. One of the ways we explore this is through time spent with animals as a therapeutic tool to bring more calm and joy into the lives of our Members.

Hannah and Tanette go to The Shea Center weekly for Therapeutic Riding Lessons. They practice caring for and riding their horses, Hope and Remy, which have shown to significantly improve their bodies' physical strength + reduce any anxious feelings they may have that day. Hannah has been involved in this Program for over 15 years and Tanette joined 2 years ago. Gina is involved in a program called Harmony with Horses at the Ortega Riding Center. She is also learning how to process her emotions and find ways to decrease her stress level while building deep connections with the horses.

Carrie works at the Cat Rescue Center twice a week. During her time there, she is responsible for looking after the cats, feeding them, brushing them and most importantly, she loves petting them. Carrie feels comforted when she cuddles with the cats and her job brings her great satisfaction because she sees how happy the cats are when she is there.

Most recently, the Members at Mae House have partnered up with some friendly neighborhood dogs that they walk and care for throughout the week. This gives our girls a great excuse to get some exercise + sunshine as well as learning about responsibility. Each dog has a different personality, so the girls have a lot of fun learning how to best interact with each of their furry friends.

Animals are such loving + joyful creatures and all of our Mae House Members absolutely benefit from the relationships they foster.





NOVA SS READY TO ROLL

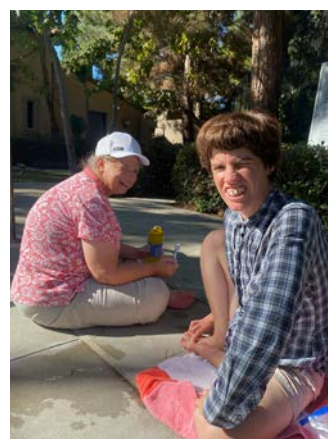
Nearly 15 months ago, we caught Hannah trying to drive it like she stole it (left picture). And now our Nova SS is at the final stages of paint + the boot is on!! This 1963 Chevrolet Nova SS is almost ready for her new home. What progress this car has made. She now has bluetooth, a hydraulic top, air conditioning + many more upgrades. Thank you to all of the donations thus far and of course big thanks to Jon Marchiorlatti + Ed Slater and their families who have donated countless hours to this project. At the beginning of next year, she will be **ready to sell** with 100% of the sale going to Mae House programs. This will be our biggest fundraiser of the year and we need your help spreading the word. This **1963 Chevy Nova Super Sport in Navy Blue with Saddle Interior** will be absolutely cherry cruising down the street with the top down. Reach out and spread the word. Thank you!!!



HANDMADE CHRISTMAS CARDS

Thank you to Kathy Hill, Joanne Miller, and Hi-Time for selling the Seashell Notecards at their shops. And thank you to all who purchased from us to support Mae House. We had such a great response that we decided to do it again! Gina, Hannah, Tanette and Carrie made Christmas Cards and we are selling them this Holiday Season. They come in sets of 10 cards (2 of each design.) Each set is \$20, which can be purchased with cash, check or Venmo @Mae-House. Orders will be taken via email to info@maehouse.org and we will coordinate delivery or pick up.







DONOR LIST

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The Pizza Bakery - Catherine & John Craft
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OUR MISSION STATEMENT

To foster a full and abundant life for adults with developmental disabilities within a supportive and loving residential community.

OUR VISION STATEMENT

To provide a residential community and home for adults with developmental disabilities to live active engaging lives.



For more information, visit us at www.maehouse.org

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